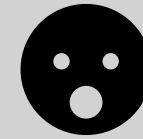


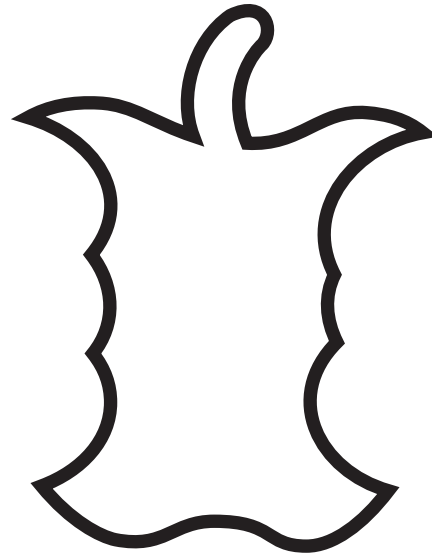


Bite Off More Than I Can Chew

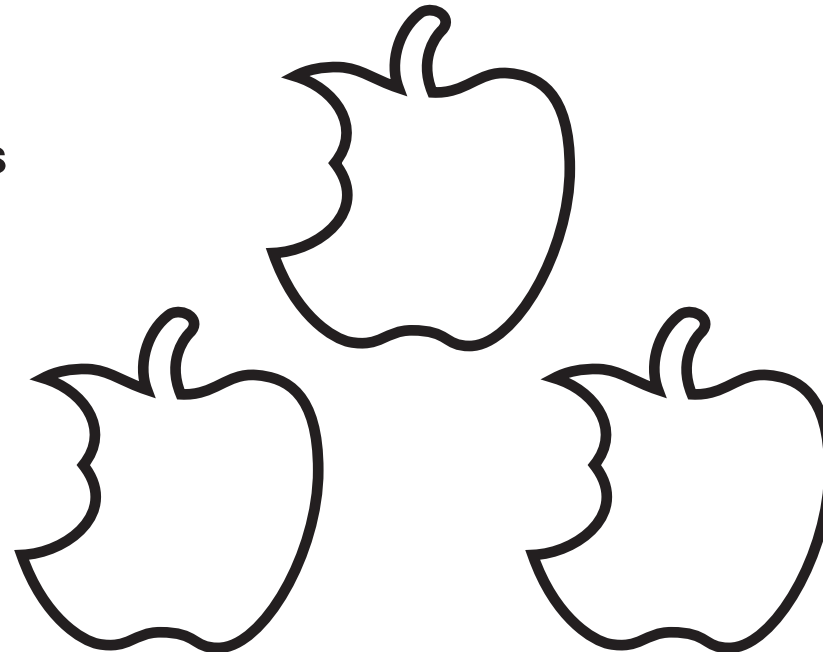
Take on a task that is way too big.
Trying to do too many things at once.



The Bite
That Is
Too Big
To Chew



Smaller Bites
That May
Be Easier
To Chew



EXAMPLE:

CLUB-BLE TROUBLE

Amanda decides to sign up for three after school clubs.



Even though the clubs are fun, they are taking up a lot of her time.



Amanda is stressed out because she does not have enough time to do her homework, or to read which is her favorite hobby.



She bit off more than she could chew. Three clubs is too much.



Amanda cancels two of her clubs. She now has more time for other things and is much happier!

