



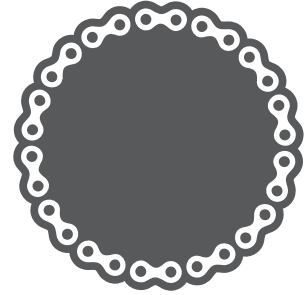
WEEK OF _____

	Brush Teeth		Shower
	AM	PM	
Monday			E <input type="checkbox"/> I <input type="checkbox"/> F <input type="checkbox"/>
Tuesday			E <input type="checkbox"/> I <input type="checkbox"/> F <input type="checkbox"/>
Wednesday			E <input type="checkbox"/> I <input type="checkbox"/> F <input type="checkbox"/>
Thursday			E <input type="checkbox"/> I <input type="checkbox"/> F <input type="checkbox"/>
Friday			E <input type="checkbox"/> I <input type="checkbox"/> F <input type="checkbox"/>
Saturday			E <input type="checkbox"/> I <input type="checkbox"/> F <input type="checkbox"/>
Sunday			E <input type="checkbox"/> I <input type="checkbox"/> F <input type="checkbox"/>

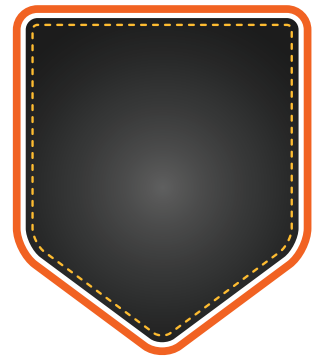
CAUTION FLAG

The most important rule of the Hygiene Series is honesty. I will try my best not to cheat. If I do not do something, I will not mark it off.

Total From Last Week



Goal For Next Week



Total Checks = _____

Total "F"s = _____

Total = _____